

P.O. BOX 19040
CINCINNATI, OH
45219-0040

HAMMER STRENGTH™

513-221-2600
FAX 513-221-8084
1-800-543-1123

PLATELOADING EQUIPMENT

Leg Extension *	\$1150	Iso Lateral Leg Extension *	\$1490
Seated Leg Curl*	\$1150	Iso Lateral Leg Curl * (2)	\$1395
Leg Press (6)	\$1875	Iso Lateral Leg Press (6)	\$1995
Hip & Back	\$1095	Iso Lateral Incline Press (4) (Horizontal Handles)	\$1350
Seated Calf Raise	\$ 910	Iso Lateral Incline Press (4) (Vertical Handles)	\$1350
Standing Calf Block	\$ 70	Iso Lateral Decline Press (4)	\$1350
Tibia-Dorsi Flexion	\$ 290	Iso Lateral Bench Press (4) (Horizontal Handles)	\$1350
Bench Press / Seated Dip	\$1380	Iso Lateral Bench Press (4) (Vertical Handles)	\$1350
Seated Dip (4)	\$1120	Iso Lateral Wide Chest (6)	\$1350
Lateral Raise (4)	\$1250	Horizontal Pec Dec (4)	\$1295
Seated/Standing Shrug (2)	\$ 910	10 Degree Chest (4)	\$1295
Bilateral Rowing (6)	\$1090	Iso Lateral Chest Press/Lat Pulldown (6)	\$1695
Behind Neck Press (4)	\$1095	Iso Lateral Behind Neck Press (4)	\$1350
Seated Bicep	\$1370	Iso Lateral Pullover	\$1850
Seated Tricep	\$1370	Iso Lateral Rowing	\$1330
4-Way Neck (4)	\$ 995	Iso Lateral Low Row (6)	\$1350
Gripper	\$ 270	Iso Lateral Hi Row (4)	\$1390
Wrist Curl	\$ 265	Iso Lateral Behind Neck Pulldown (6)	\$1390
Chin-Dip / Hip Flex	\$ 895	Iso Lateral Rear Deltoid (4)	\$1290
Sit-Up Board Attachment (High or Low Attachment)	\$ 395	Iso Lateral Rotator Cuff*	\$1999
Body-Weight Exercise Platform	\$1290	Ground Base High Pull (2)+	\$1180
Free Standing Sit-Up Board	\$ 455	Ground Base Jammer (6)+	\$1295
Abdominal Workstation	\$ 880		
*Machine With Range of Motion Limiter		Weight Horns (Per Horn)	\$ 20

(Available on selected machines and must be requested at the time of the machine order)

() denotes the number of weight horns available on that machine.

+ Includes Weight Horns

HAMMER Weight Trees (standard black paint)	\$ 88
HAMMER Leg Press Back Brace	\$ 52
HAMMER Deluxe Weight Tree	\$150
HAMMER Incline Bench With Spotters Platform	\$455
HAMMER Supine Bench	\$345
HAMMER Flat Utility Bench	\$175
HAMMER Incline Utility Bench	\$325

ACCESSORY FREE WEIGHT EQUIPMENT

310 lb. York Olympic Barbell set (bar & collars)	\$360
400 lb. York Olympic Barbell set (bar & collars)	\$400
York Olympic Standard Barbell Plates - .74 per lb.	
York Solid Dumbbells - .78 per lb.	
York Olympic Bar	\$193
York Powerlifting Bar	\$195
Hercules Olympic Plates (By York) - .49 per lb.	
Solid Brass 1 lb. Weights For Rehabilitation	\$ 11
Solid Brass 1/2 lb. Weight For Rehabilitation	\$ 6
Thick Bars (7' long with 2.5" and 2" diameter bars available)	\$ 75

HEAVY DUTY STRENGTH TRAINING EQUIPMENT

Shipping & Installation Charges

Zone 0 (\$55)	Metro Area: 50 mile radius
Zone 1 (\$110)	Indiana, Kentucky, Ohio
Zone 2 (\$145)	Illinois, Iowa, Michigan, Missouri
Zone 3 (\$160)	North Carolina, South Carolina, Tennessee, Virginia, West Virginia
Zone 4 (\$165)	Delaware, Maryland, New Jersey, New York, Pennsylvania, Wisconsin
Zone 4A (\$175)	New York City Metropolitan Area, Washington DC
Zone 5 (\$180)	Alabama, Arkansas, Florida, Georgia, Louisiana, Mississippi
Zone 6 (\$180)	Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, Vermont
Zone 7 (\$185)	Kansas, Minnesota, Nebraska, North Dakota, South Dakota, Oklahoma, Texas
Zone 8 (\$190)	Colorado, New Mexico, Utah, Wyoming
Zone 9 (\$215)	California, Nevada, Oregon, Washington, Arizona, Idaho, Montana

Standard Paint and Upholstery Colors at no additional Charge

Standard Paint Colors: Black, Red, Royal Blue, Silver, White, Yellow

Standard Upholstery Colors: Black, Royal Blue, China Green, Gray, Red, Saddle

Special Paint Colors: \$90 per machine (3 machine minimum)

Two Paint Colors on Machine: \$25 per machine

Special Upholstery Colors: \$45 per machine (no minimum)

Weight Horns come unpainted with a black base

Rubber bumpers on the base of the machine are available on selected machines: \$12 per machine

Warranty

* 10 Years on Frames

* 2 Years on Bearings

* 90 Days on Upholstery and Hand Grips

* Includes free parts and freight